

Stanisław ‘Staś’ Cichy

Press kit · Poet, writer and editorial model · Szczecin, Poland · aboyinwords.com

Short biography

I am Stanisław ‘Staś’ Cichy, a fourteen-year-old poet, writer and editorial model in Szczecin, Poland. I was born without vocal folds, so I am voiceless and answer in writing, in sign or through a speech-generating tablet with a donated voice. My writing is published at A Boy In Letters.

Long biography

I was born in Poland with bilateral vocal-fold agenesis, which means the tissue that vibrates to produce sound was never present. I have no speaking voice, cannot laugh aloud, sing, whisper or cough properly, and my hearing is entirely normal. I carry Polish, Japanese, Iranian and Iraqi heritage through my birth family.

I was removed from an unsafe home at five and separated from my twin sister, moved through three foster placements, and was later adopted. I now live in Szczecin as one of thirteen children, including the twin sister I was separated from as a small child, attend a private school, and write most evenings, because my body keeps its own clock.

I publish poems and other writing at A Boy In Letters, work editorially as a model with guardian consent, and am considering studying law because too many decisions were made about me by adults who never asked me anything. I am autistic, and I live with hypopituitarism, a Non-24 sleep-wake rhythm, C-PTSD, anxiety and depression. My assessed WISC-V full scale IQ is 142 and my EQ-i:YV total is 118, which is context rather than a headline.

I am not a story about overcoming silence. I am a writer who happens to have been born without the body part that makes a voice.

Fact sheet

Full name	Stanisław Cichy, usually Staś
Age	Fourteen
Based in	Szczecin, Poland
Work	Poet, writer, editorial model
Voice	Born with bilateral vocal-fold agenesis, voiceless, hears normally
Communication	Writing, Polish sign language, speech-generating tablet with a donated voice
Heritage	Polish, Japanese, Iranian and Iraqi through my birth family

Family	Adopted, one of thirteen children, including my twin sister
School	A private school in Szczecin
Health	Autistic, with hypopituitarism, Non-24, C-PTSD, anxiety and depression
Assessed scores	WISC-V full scale IQ 142, EQ-i:YV total 118, full results at aboyinwords.com/scores
Blog	aboyinletters.com
Website	aboyinwords.com
Management	management@aboyinwords.com

Working with me

- Talk to me, not to the adult beside me. I hear everything you say.
- Speak normally. I am not deaf and do not need written instructions, although questions sent in advance help me prepare.
- Leave room for typing. My answers arrive in writing, in sign, or through my tablet.
- Use 'voiceless' or 'born without vocal folds'. Please avoid 'non-speaking' and 'nonverbal'.
- Do not ask me to demonstrate my condition or to describe abuse in detail on camera.
- Guardian consent, a signed agreement and a chaperone apply to every booking and interview.
- Rain, wet hair, pools and sea are fine on set. Going underwater needs planning in advance, because my cough is weak.

Assessment results in full

Published because people quote one number and stop there. These are test results, not a personality. The full results also live at aboyinwords.com/scores.

WISC-V, full scale IQ 142

Verbal Comprehension Index	155 · Similarities 19 · Vocabulary 19
Visual Spatial Index	145 · Block Design 17 · Visual Puzzles 18
Fluid Reasoning Index	152 · Matrix Reasoning 19 · Figure Weights 18
Working Memory Index	92 · Digit Span 8 · Picture Span 10
Processing Speed Index	108 · Coding 11 · Symbol Search 12

Very strong reasoning alongside average working memory and processing speed. That gap, not the top number, is why I need extra time, a clear structure and a quiet place.

EQ-i:YV, total EQ 118

Intrapersonal	122 · Self-Regard 121 · Emotional Self-Awareness 126 · Assertiveness 92 · Independence 118 · Self-Actualization 125
Interpersonal	128 · Empathy 132 · Social Responsibility 124 · Interpersonal Relationship 129
Stress Management	88 · Stress Tolerance 84 · Impulse Control 91
Adaptability	94 · Reality Testing 97 · Flexibility 90 · Problem Solving 99
General Mood	102 · Optimism 96 · Happiness 104

High empathy and self-awareness, with stress tolerance as the area most likely to dip under sensory overload, pressure or sudden change.

Photographs

I do not display photographs publicly now. I am fourteen and have faced harassment, so my management sends a suitable selection only to verified journalists, editors, casting teams and clients after checking who is asking and why. Receiving a file is not permission to forward or repost it. Requests: aboyinwords.com/portfolio.

Contact

Press requests, interviews, commissioned writing and bookings all go through my management at management@aboyinwords.com. Enquiries in English, Polish, Korean or Japanese are equally welcome. Full biography: aboyinwords.com/bio. Press page: aboyinwords.com/press. Full assessment results: aboyinwords.com/scores.